

## LifeDop<sup>™</sup> ABI Vascular System ABI Glossary Guide

**ABI Index** – Ankle-Brachial Index. Vascular test used to assess lower extremity circulation. Ratio of ankle pressure to the highest of bi-lateral brachial pressures providing a guide to severity of PAD.

0.90 – 1.30 Normal 0.70 – 0.89 Mild 0.40 – 0.69 Moderate < 0.40 Severe [1]

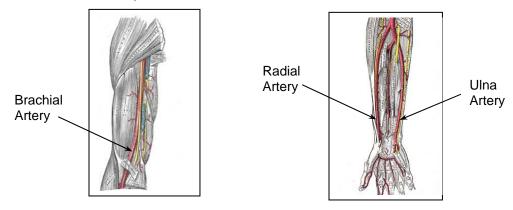
**Aneroid** – Actuating pressure device, in vascular studies used for inflating cuffs for obtaining blood pressures.

**Arterial** – Pertaining to arteries, or vessels that carry blood from the heart to tissues throughout the body.

**Atherosclerosis** – Thickening, hardening, and loss of elasticity of the walls of blood vessels, especially arteries due to accumulation of lipid materials.

**Bi-Directional** – Directional, Pertaining to the ability to sense or move in two directions. In the case of Doppler probes, the ability to distinguish blood flow both toward and away from the transducer.

**Brachial Artery** – Main artery of the arm, continuation of the axillary artery on the inside of the arm <sup>[2]</sup>. The brachial branches into two primary arteries of the forearm, namely the radial and ulna arteries.



**Calcification** – Deposits of lime salts in the walls of arteries.

**Claudication** – A severe pain in calf muscles occurring during walking but which subsides with rest, resulting from inadequate blood supply due to atherosclerosis or occlusion.

**Diastolic** – Pertaining to diastole, the part of the heart cycle in which the heart is in a period of relaxation. Corresponding to minimum blood pressure.

**Hypertension** – A condition in which the patient has a higher blood pressure than that judged to be normal.

**Hyperlipidemia** – An elevation of lipids, or fats, in the bloodstream including cholesterol, phospholipids and triglycerides.

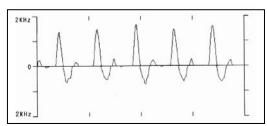
**Incompressible Artery** – Condition in which the cuff pressure can not occlude an arterial vessel, typically due to calcification, resulting in abnormally high ABI measurement <sup>[3]</sup>.

**Occlusion** – The closure, or state of being closed, of a vessel.

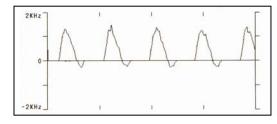
**PAD** – Peripheral Arterial Disease. Atherosclerosis of the abdominal aorta and arteries of the lower extremities <sup>[1]</sup>.

**Phasic** – Pertinent to phased behavior, appearance of states of regularly occurring cycle of changes.

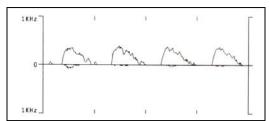
<u>Tri-Phasic Audio</u> – Blood flow sounds with three major components – typically associated with normal blood flow, corresponding visually to the following [2]:



<u>Bi-Phasic Audio</u> – Blood flow sounds with two major components – typically associated with diminished blood flow, corresponding visually to the following [2]:



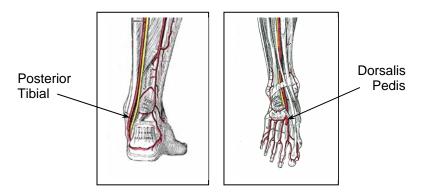
<u>Mono-Phasic Audio</u> – Blood flow sounds with one major component – typically associated with PAD, corresponding visually to the following <sup>[2]</sup>:



**Pedal Artery** – Arteries associated with the foot.

<u>Posterior Tibial</u> – Main artery leading into the foot, located behind the tibia bone. Can be accessed for ABI assessment behind the ankle notch [3].

<u>Dorsalis Pedis</u> – Main artery leading to the toes, located on top of the foot. Can be accessed for ABI assessment on a line extending from between the first two toes to the midline of the foot <sup>[2]</sup>.



**Sphygmomanometer** – Instrument for determining arterial blood pressure.

**Stenosis** – The constriction, or narrowing, or a vessel.

**Supine** – Laying on the back - face, palm and feet facing upward.

**Systolic** – Pertaining to systole, the part of the heart cycle in which the heart is in a period of contraction. Corresponding to maximum blood pressure.

**Venous** – Pertaining the veins, or vessels that carry blood from tissues throughout the body back to the heart.

## References:

Unless otherwise noted: Taber's Clyclopedic Medical Dictionary 13<sup>th</sup> Edition; Thomas CL (Ed), F.A. Davis Company Publishing

- [1] Olin JW. Clinical Evaluation and Office-Based Detection of Peripheral Arterial Disease, contained in Primary Care Series: Peripheral Arterial Disease and Intermittent Claudication; Hirsch AT (Ed), Excerpta Medica, Inc., 2001
- [2] Gray, Henry. Anatomy of the Human Body. Philadelphia: Lea and Febiger, 1918: 20<sup>th</sup> edition edited by Warren H. Lewis, 2000
- [3] Techniques in Noninvasive Vascular Diagnosis an Encyclopedia of Vascular Testing; Daigle RJ, Summer Publishing, 2002: 137-148