e-pill® 5 Alarm Voice Interval Timer
"Talking Timer in Your Own Voice"
(SKU 435713)
<u>Instruction Manual</u>

This easy-to–set e-pill® Medication Reminder Interval Timer with Medical Snooze™ can remind you to take your medications multiple times per day. You may set the five (5) independent (parallel) count-down timers for an interval up to 12 hours (720 minutes) each with its own loud voice alarm. An optional "magnet" is included if you want to mount your timer on your refrigerator door or any magnetic surface. This e-pill has no pillbox.

Never Forget to take your Medications or Perform Tasks Again!

Alarm mode
- **VOICE ALARM**. Playback of a recording in your own voice. You may set a voice alarm for each timer. Alarm duration is 35 seconds (5 beeps + voice playback for 30 seconds).
- **BEEP ALARM**. Alarm duration is 35 seconds (continues beeps for 35 seconds)

Please Note:
<u>THIS e-pill Medication Reminder MUST BE RE-SET EVERY DAY</u>

Most patients start their day at the same time every day and should be using a traditional e-pill Medication Reminder with mutiple alarm times (fixed alarms) per day. <u>This e-pill Medication Reminder is designed for patients that START their daily medication routine at DIFFERENT TIMES each day and take their medications on a FIXED INTERVAL</u> (number of hours or minutes in between each dose).

SETTING your new e-pill 5 Alarm Voice Interval Timer:

<u>CLOCK – Set the Current Time</u>
If this is the initial setup, please remove the insulator strip located under the pill battery cover in the back.
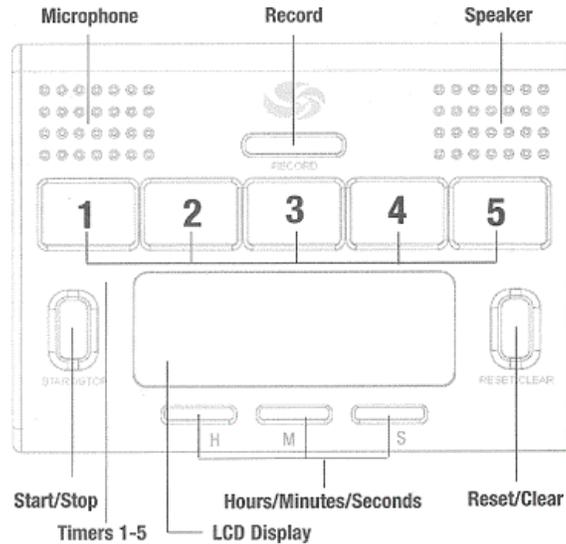- Press or hold the H button to set the correct HOUR. Please observe the AM / PM indicator.
- Press or hold the M button to set the correct MINUTES.
- Press START/STOP and the time is set.

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Please turn

Up to **Five (5) Alarm Interval (Count-Down) Timers** may be set concurrently ("running in parallel"). When mutiple alarms are set at any given time, the alarm that is closest to completion will remain on the screen. To check the time remaining, push the desired Timer Button (1, 2, 3, 4 or 5) and the alarm message will play while the display shows the remaining time for this interval timer.

ALARM - Set VOICE Alarms (up to 5 Alarms)

Select the desired Timer number by pressing the corresponding Button (1, 2, 3, 4 or 5). The number you have selected will appear on the screen. Follow this procedure for each timer you want to set.

Maximum recording length for each alarm is 10 seconds. The loud alarm will play for 35 seconds (five attention beeps then 30 seconds of voice playback).

- Press or hold the H button to set the desired interval in HOUR(S).
- Press or hold the M button to set the desired interval in MINUTES. You do not need to set the seconds.
- Press AND hold the RECORD button while you record (Speak") your alarm message into the microphone (the microphone is very sensitive and you do not need to speak in a loud voice). When done release the RECORD button.
- When ready to start the interval timer ("count-down") press START/STOP.

ALARM - Set BEEP Alarms (up to 5 Alarms)

Select the desired Timer number by pressing the corresponding Button (1, 2, 3, 4 or 5). The number you have selected will appear on the screen. Follow this procedure for each timer you want to set.

The loud alarm will sound for 35 seconds.

- Press or hold the H button to set the desired interval in HOUR(S).
- Press or hold the M button to set the desired interval in MINUTES. You do not need to set the seconds.
- When ready to start the interval timer ("count-down") press START/STOP.

ALARM - What to do when the ALARM goes OFF

When a count-down timer reaches zero ("0") the loud alarm will sound (TALK or BEEP) for 35 seconds. First there will be five (5) loud audible beeps followed by the prerecorded alarm (if recorded) for 30 seconds. Total alarm duration is 35 seconds.

- Press START/STOP.
- TAKE your MEDICATIONS.
- Press RESET/CLEAR.

MEDICAL SNOOZE:

When the 30 seconds long alarm begins to sound, the timer will remain active and start to COUNT-UP up until the START/STOP button has been pressed. **While in MEDICAL SNOOZE you will hear a reminder beep every one (1) minute**. Until the START/STOP button has been pressed, user may check elapsed time since the alarm went off, and hear the recorded alarm at any time by pressing the corresponding Timer (1, 2, 3, 4 or 5) Button.

To clear any active Timer, simply press the Timer Button that you wish to clear (1, 2, 3, 4 or 5) and press START/STOP.

Push RESET/CLEAR and your e-pill 5 Alarm Voice Interval Timer is ready for another alarm to be entered.

> If medication times are missed, you should follow the directions from your physcian or pharmacist before taking any medication out of sequence.

QUICK REFERENCE GUIDE

TO SET TIME: Insert batteries, press buttons until correct time is displayed. Press START/STOP top begin clock mode.

TO SET ALARM:
- Select Timer by pressing 1, 2, 3, 4 or 5.
- Press HOUR/MINUTE/SECONDS until desired interval displays.
- Press and Hold RECORD button to record Alarm.

Press START/STOP to Start Timer

BATTERY – How to Replace the Batteries

Your e-pill 5 Alarm Voice Interval Timer uses three (3) replaceable AAA batteries. Replace batteries when the display fades while the alarm is going off.

To open the battery compartment, slide off the back in the direction of the arrow.

Remove the old batteries. Place three (3) new fresh AAA batteries in the compartment as indicated by the polarity symbols.

Replace the cover, set and the time again.

Magnet – How to use the optional (included) "Refrigerator Magnet)"

You new e-pill 5 Alarm Voice Interval Timer comes complete with a magnet if you need to mount your interval timer on the refrigerator door (or any magnetic surface).

To use this mounting feature simply remove the backing on the mounting tape and place the magnet over the QUICK REFERENCE GUIDE. Press for 30 seconds.

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