

# Contemplation Chant

Sophia Songhealer

$\text{♩} = 72$

*Sing 4 times*

The musical score consists of four staves of music. The first staff is in treble clef, G major (two sharps), common time. It starts with a rest followed by a repeat sign. The second staff is also in treble clef, G major, common time, starting with a rest. The third staff is in treble clef, G major, common time, starting with a rest. The fourth staff is in bass clef, C major (one sharp), common time, starting with a rest.

*Jewish:* lom Sha - lom Sha -

*Islam: Start 3rd time:* La il - la - ha il Al - lah hu.

*Hindu: Start 2nd time:* Shan - ti, shan - ti.

*Buddhist: Start 1st time:* Om ma - ne pad - me hum. Om ma - ne pad - me hum.

*Low quiet drum with deep tone:* A staff with a bass clef and a common time signature, featuring eighth-note patterns on a single line.

6 *Christian*

The musical score consists of five staves of music. The top three staves are in treble clef, the fourth is in bass clef, and the bottom one is in alto clef. The key signature is A major (two sharps). The time signature is common time. The lyrics are as follows:

Glo - - - - - ri - a

lom Sha - lom Sha - lom Sha - lom Sha -

La il - la - ha il Al-lah hu. La il - la - ha il Al-lah hu.

Shan - ti, shan - ti. Shan - ti, shan - ti.

Om ma-ne pad-me hum. Om ma-ne pad-me hum. Om ma-ne pad-me hum. Om ma-ne pad-me hum.

21

Om.

lom      Sha - lom      Sha - lom      Sha - lom      Sha - lom

Om

Om

Om

Om

Hold 30 seconds

Translations:

Tibetan Buddhist  
Om Mane Padme Hum  
I Salute the Jewel in the Lotus

Hindu  
Shanti  
Peace

Islam  
La Il La Ha, Allah Hu  
There is no God but God

Hebrew  
Shalom  
Peace

Christian  
Gloria in Excelsis Deo  
Glory to God on High

# **Contemplation Chant**

Sophia Songhealer

## **Tibetan Buddhist**

Om Mane Padme Hum

*I Salute the Jewel in the Lotus*

## **Hindu**

Shanti

*Peace*

## **Islam**

La Il La Ha, Allah Hu

*There is no God but God*

## **Hebrew**

Shalom

*Peace*

## **Christian**

Gloria in Excelsis Deo

*Glory to God on High*