

FOLLOW YOUR DREAMS (SHA LA LA LA)

SA Duet with Piano

Armand and Don
arr. by David Ezell

Intro **Fast Latin Tempo**
N.C.

Soprano
Sha la__ la la__ la la, Sha la__ la la.

Alto
Sha la__ la la__ la la, Sha la__ la la.

Piano *
2x only

Verse 1

5 F *Alto* B \flat C 7 F
Sev - en o' - clock in the morn - ing, Sun - light my cheeks.

9 F B \flat C 7 F
Smil - in' at me through the win - dow, Please come play with me. Oh, the

* If an electronic keyboard is available, it will work well to play Steel Drums in the right hand and Bass in the left.

13 F B \flat C 7

flow - ers bloom - ing ev' - ry - where, ___ Birds are sing - ing in ___

16 F

___ the air, ___

Follow Your Dreams

Chorus

22 F B \flat C 7 F

Uh Uh

“Man_ you got to fol - low your_ dreams, What - ev - er your dreams_ may be._

26 F B \flat C 7 F

Uh Uh

Man_ you got to fol - low your_ dreams, Come on and lis - ten to me.”_ They said:

30 F B \flat C 7 F

Uh Uh

“You’ll know just what_ to do,_ From deep in - side_ of you._

37 F F **Interlude** B \flat C 7

Ev' - ry - bod - y sing: Sha la__ la la__ la la, __ Sha la__ la la

Ev' - ry - bod - y sing: Sha la__ la la__ la la, __ Sha la__ la la.

41 F F Gm 7 C 7

Sha la__ la la__ la la, __ Sha la__ la la

Sha la__ la la__ la la, __ Sha la__ la la.

Instrumental

45 F Gm7 C7

49 F Gm7

52 C7 F F

55 Gm7 C7 F

58 F Gm7 Eb C7

62 F **Interlude** B \flat C 7

Sha la la la la, Sha la la la

Sha la la la la, Sha la la la.

65 F F Gm

Sha la la la la,

Sha la la la la,

68 Cm 7 F 7 B \flat **Verse 2**

Sha la la la Well I'm

Sha la la la.

Follow Your Dreams

70 B \flat *Soprano* E \flat F 7

try - ing to sleep by the o - cean, Sand up - on my feet.

Chorus

87 **Bb** **Eb** **F7**

“Man___ you got to fol - low your_ dreams, What - ev - er your dreams

Uh_____ Uh_____

90 **Bb** **Bb** **Eb**

___ may be. ___ Man_ you got to fol - low your___ dreams,

___ Uh___ Uh___ Uh___ Uh___

93 **F7** **Bb**

Come on and lis - ten to me.”___ They___ said:

103 **Bb** Interlude **Eb** **F7**

Sha la__ la la__ la la__ Sha la__ la la.

Sha la__ la la__ la la__ Sha la__ la la.

107 **Bb** **Eb** **F7** **Bb** **Fine**

Sha la__ la la__ la la__ Sha la__ la la. *Fade on D. S.*

Sha la__ la la__ la la__ Sha la__ la la. **Fine**

Fade on D. S.

Instrumental

111 **Bb** **Cm7** **F7** **Bb**

115 $B\flat$ Cm^7 F^7 $B\flat$

119 $B\flat$ Cm^7 F^7

122 $B\flat$ $B\flat$ Cm^7

125 **D.S. al Fine**

Lay me down now

Lay me down now

$A\flat$ F^7 Cm^7/F **D.S. al Fine**

FOLLOW YOUR DREAMS (SHA LA LA LA)

SA Duet with Piano

Vocals

Fast Latin Tempo

Armand and Don
arr. by David Ezell

Intro N.C.

Sha la__ la la__ la la,
Sha la__ la la.

Verse 1

5 F *Alto* B \flat C 7 F F
Sev-en o'clock in the morn-ing, Sun-light my cheeks. Smil-in' at me through the

10 B \flat C 7 F F
win-dow, Please come play with me. Oh, the flow-ers bloom-ing ev'

14 B \flat C 7 F
- ry - where, Birds are sing - ing in the air,

Chorus

22 F B \flat C 7 F
Uh Man you got to fol-low your dreams, What-ev - er your dreams may be.

Follow Your Dreams

Vocals

26 F Bb C7 F

Uh Man you got to fol - low your dreams, Come on and lis - ten to me." They said:

30 F Bb C7 F

Uh "You'll know just what to do, From deep in - side of you."

F

Ev' - ry - bod - y sing:

Ev' ry - bod - y sing:

38 F Interlude Bb C7 F

Sha la la la la, Sha la la la

42 F Gm7 C7

Sha la la la la, Sha la la la

Follow Your Dreams

Instrumental

Vocals

46 F Gm7 C7 F 3 F

51 Gm7 C7 F F Gm7 C7

57 F F Gm7 Eb C7

62 F Insterlude Bb C7 F

Sha la___ la la___ la la,___

Sha la___ la la

Sha la___ la la___ la la,___

Sha la___ la la.

66 F Gm Cm7 F7 Bb Verse 2

Sha la___ la la___ la la,___

Sha la___ la la

Well I'm

Sha la___ la la___ la la,___

Sha la___ la la.

70 Bb Soprano Eb F7 Bb

try-ing to sleep by the o - cean,

Sand up-on___ my feet.

Follow Your Dreams

Vocals

79 Eb F7 Bb Bb

by my side, Sea-gulls are fly-ing in the sky. I said, "I'm try-ing to sleep by the o -

83 Eb Ab F7 F7

- cean," And this is what they said to me, They said:

Chorus

87 Bb Eb F7 Bb

"Man you got to fol-low your dreams, What-ev-er your dreams may be.

Uh Uh Uh Uh

91 Bb Eb F7 Bb

Man you got to fol-low your dreams, Come on and lis-ten to me." They said:

Uh Uh

95 Bb Eb F7 Bb

"You'll know just what to do, From deep in-side of you.

Uh Uh Uh Uh Uh

Follow Your Dreams
Vocals

99 B \flat Eb F 7 B \flat

Man_ you got to fol-low your_dreams, So you can make it come true." Come on__down
Uh Uh Come on down

Detailed description: This system contains measures 99 through 102. The top staff is the vocal line, and the bottom staff is the piano accompaniment. Chords are indicated above the staves: B-flat, E-flat, F7, and B-flat. The lyrics are: "Man_ you got to fol-low your_dreams, So you can make it come true." Come on__down. The piano part includes vocalizations "Uh Uh" and "Come on down".

103 B \flat [Interlude] Eb F 7

Sha la__ la la__ la la__ Sha la__ la la.
Sha la__ la la__ la la__ Sha la__ la la.

Detailed description: This system contains measures 103 through 106. The top staff is the vocal line, and the bottom staff is the piano accompaniment. Chords are indicated above the staves: B-flat, [Interlude], E-flat, and F7. The lyrics are: "Sha la__ la la__ la la__ Sha la__ la la." and "Sha la__ la la__ la la__ Sha la__ la la.".

107 B \flat Eb F 7 B \flat **Fine**

Sha la__ la la__ la la__ Sha la__ la la. *Fade on D. S.*
Sha la__ la la__ la la__ Sha la__ la la.

Detailed description: This system contains measures 107 through 110. The top staff is the vocal line, and the bottom staff is the piano accompaniment. Chords are indicated above the staves: B-flat, E-flat, F7, and B-flat. The lyrics are: "Sha la__ la la__ la la__ Sha la__ la la. *Fade on D. S.*" and "Sha la__ la la__ la la__ Sha la__ la la.".

111 [Instrumental] B \flat Cm 7 F 7 B \flat B \flat

Detailed description: This system contains measures 111 through 115. It is an instrumental section. The top staff is the piano accompaniment. Chords are indicated above the staves: B-flat, Cm7, F7, B-flat, and B-flat.

116 Cm 7 F 7 B \flat B \flat Cm 7 F 7

Detailed description: This system contains measures 116 through 121. It is an instrumental section. The top staff is the piano accompaniment. Chords are indicated above the staves: Cm7, F7, B-flat, B-flat, Cm7, and F7. There is a triplet of eighth notes in measure 119.

122 B \flat B \flat Cm 7 A \flat F 7 Cm 7 /F **D.S. al Fine**

Lay me down now
Lay me down now

Detailed description: This system contains measures 122 through 125. The top staff is the piano accompaniment, and the bottom staff is the vocal line. Chords are indicated above the staves: B-flat, B-flat, Cm7, A-flat, F7, and Cm7/F. The lyrics are: "Lay me down now" and "Lay me down now". The section ends with "D.S. al Fine".

FOLLOW YOUR DREAMS (SHA LA LA LA)

SA Duet with Piano

Armand and Don
arr. by David Ezell

Intro Fast Latin Tempo =

C N.C. *Capo 3rd fret*
Sha la la la la, Sha la la la. :||

Verse 1 *Alto*

D | **G** | **A⁷** |
Sev - en o' - clock in the morn - ing, Sun - light my cheeks.

D | **D** | **G** | **A⁷** | **D** |
Smil - in' at me through the win - dow, Please come play with me. Oh, the

D | **G** | **A⁷** | **D** |
flow - ers bloom - ing ev' - ry - where, Birds are sing - ing in the air,

Chorus

D | **G** | **A⁷** | **D** |
"Man you got to fol - low your dreams, What - ev - er your dreams may be.

D | **G** | **A⁷** | **D** |
Man you got to fol - low your dreams, Come on and lis - ten to me." They said:

D | **G** | **A⁷** | **D** |
"You'll know just what to do, From deep in - side of you.

| D ||
Ev' ry-bod-y sing:

Interlude
D | G | A⁷ | D |
Sha la la la la la, Sha la la la

D | Em⁷ | A⁷ | ||
Sha la la la la la, Sha la la la

Instrumental

D | Em⁷ | A⁷ | D | D | Em⁷ | A⁷ | D |

D | Em⁷ | A⁷ | D | D | Em⁷ | C | A⁷ ||

Interlude

D | G | A⁷ | D |
Sha la la la la la, Sha la la la

D | Em | Am⁷ | D⁷ |
Sha la la la la la, Sha la la la

Verse 2 *Soprano*

G | G | C | D⁷ | G |
Well I'm try-ing to sleep by the o - cean, Sand up - on my feet.

G | G | C | D⁷ | G |
 Oh, fid - dler crabs danc - ing by my side, Sea - gulls are fly - ing in the sky. I said, "I'm

G | C | F | D⁷ | D⁷ ||
 try - ing to sleep by the o - cean," And this is what they said to me, They said:

✂ Chorus

G | C | D⁷ | G |
 "Man you got to fol - low your dreams, What - ev - er your dreams may be.

G | C | D⁷ | G |
 Man you got to fol - low your dreams, Come on and lis - ten to me." They said:

G | C | D⁷ | G |
 "You'll know just what to do, From deep in - side of you.

G | C | D⁷ | G ||
 Man you got to fol - low your dreams, So you can make it come true." Come on down

II: Interlude
 G | C | D⁷ |
 Sha la la la la la la Sha la la la. **Fine**

G | C | D⁷ | G :||
 Sha la la la la la Sha la la la. *Fade on D. S.*

Instrumental

G | Am⁷ | D⁷ | G | G | Am⁷ | D⁷ | G | G |
D.S. al Fine

C | D⁷ | G | G | Am⁷ | F | D⁷ |
 Lay me down now

FOLLOW YOUR DREAMS (SHA LA LA)

By Armand and Don

INTRO

Sha la la la la la, Sha la la la.

VERSE 1

Seven o'clock in the morning,
Sunlight on my cheeks.
Smilin' at me through the window,
Please come play with me.
Oh, the flowers blooming
 ev'rywhere,
Birds are singing in the air, I said:
"Seven o'clock in the morning,"
And this is what they said to me,
They said:

CHORUS

"Man you got to follow your
 dreams,
Whatever your dreams may be.
Man you got to follow your dreams,
Come on and listen to me."
They said: "You'll know just
 what to do,
From deep inside of you.
Man you got to follow your dreams,
So you can make it can make it
 come true."
Ev'rybody sing:

INTERLUDE

[Same as intro]

VERSE 2

Well I'm trying to sleep
 by the ocean,
Sand upon my feet.
Waves are breaking on the shore,
Keeping that Symptoms beat.
Oh, fiddler crabs are dancing
 by my side,
Seagulls are flying in the sky.
I said, "I'm trying to sleep
 by the ocean,"
And this is what they said to me,
They said:

CHORUS

INTERLUDE