

## Poison Prevention Tips

### Store Poisons Safely

- Store poisons in their original containers.
- Store medicines and household products locked up, where children cannot see or reach them.
- Use child-resistant packaging. But remember — nothing is child-proof!

### Use Poisons Safely

- Read the label. Follow the directions on medicines and products.
- Are children around? Take the product or medicine with you to answer the door or the phone.
- Lock products and medicines up after using them.
- Is it medicine? Call it medicine, not candy.
- Children learn by imitation. Take your medicines where children can't watch.

### Teach Children to Ask First

- Poisons can look like food or drink. Teach children to ask an adult before eating or drinking anything.



**If you think someone has been  
poisoned, call Carolinas  
Poison Center right away —  
1-800-222-1222**

## First Aid for Poisoning

### Has the person collapsed or stopped breathing?

- Call **911** or your local emergency number right away.

### Poison in the eyes?

- Rinse eyes with running water for 15 to 20 minutes.
- Call **1-800-222-1222**.

### Poison on the skin?

- Take off any clothing that the poison touched.
- Rinse skin with running water for 15 to 20 minutes.
- Call **1-800-222-1222**.

### Inhaled poison?

- Get to fresh air right away.
- Call **1-800-222-1222**.

### Swallowed the wrong medicine or too much medicine?

- Call **1-800-222-1222**.

### Swallowed something that's not food or medicine?

- Call **1-800-222-1222**.



Carolina's HealthCare System  
[www.NCPoisonCenter.org](http://www.NCPoisonCenter.org)



## Carolinas Poison Center

serving all of North Carolina



**Call FAST to treat a poisoning!  
Call FIRST to prevent a poisoning!**  
**Free • Confidential**

**POISON  
Help**  
**1-800-222-1222**

**24 hours a day • 7 days a week**

[www.NCPoisonCenter.org](http://www.NCPoisonCenter.org)

## Carolinas Poison Center Helps YOU

Your poison center provides immediate treatment advice for poison emergencies and also answers questions about poisons. We help everyone, 24 hours a day, seven days a week, including non-English speakers and those with hearing problems.

Poisons can hurt you—or even kill you—if you eat them, breathe them, or get them in your eyes or on your skin. The poison center can help you with questions about:

- Household products
- Chemicals at work or in the environment
- Drugs (prescription, over-the-counter, herbal, illegal or animal medicines)
- Snake and spider bites

For life-saving treatment advice about any kind of poison, call 1-800-222-1222. A specially trained nurse, pharmacist or doctor will help. Your call is **free** and **confidential**.

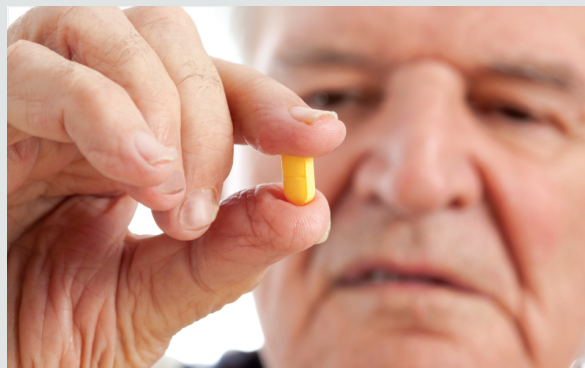


**1-800-222-1222**

## We Help People of All Ages — in All Types of Situations



When children get into household products, poison center experts are just one call away.



Poison centers help senior adults and people of all ages when they take too much or the wrong medicine.

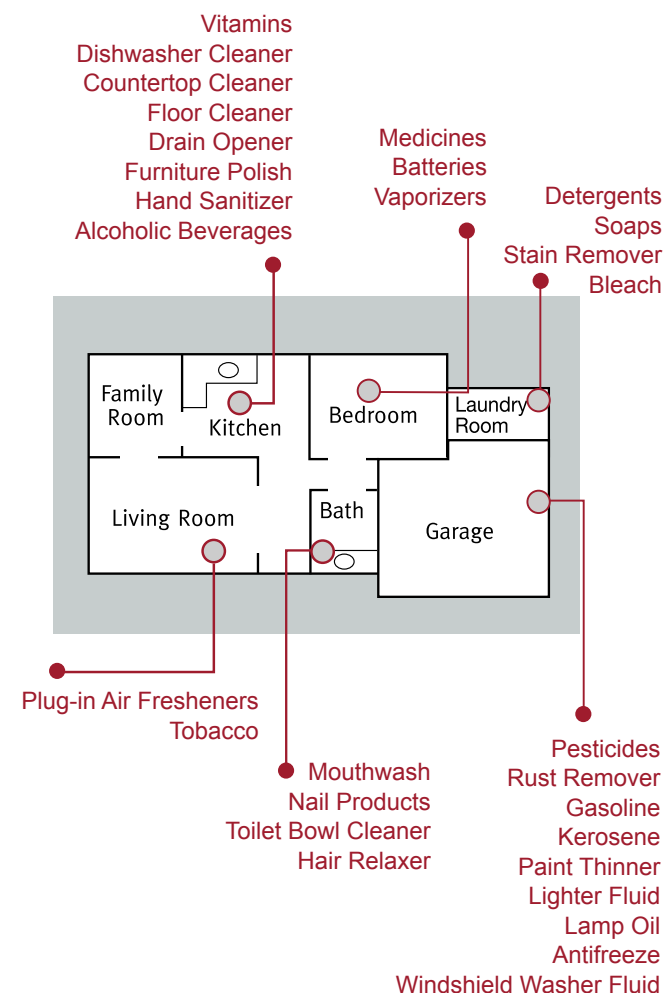


When healthcare providers need information about treating poisonings, they also call their local poison center.

**1-800-222-1222**

## You Can Prevent Poisonings at Home

Products and medicines can hurt you if they are used the wrong **way**, in the wrong **amount** or by the wrong **person**.



**Have a question? All questions about poisons are smart questions. Ask FIRST to prevent a poisoning!**

**Carolinas Poison Center**  
serving all of North Carolina

**1-800-222-1222**